

Atrial Fibrillation Quality Care Program (AFQCP)

PATIENT Care Plan

Name: _____

Date: _____

Initial visit Follow up visit

TO CARE FOR YOUR AFIB IN THE BEST WAY, THERE ARE 3 MAIN THINGS TO CONSIDER:

NUMBER ONE: HELPING YOU FEEL BETTER.

This is really about making sure your heart rate is under control (Rate Control) and/or your heart rhythm is under control (Rhythm Control) and you know how to manage your symptoms. For RATE/RHYTHM control, here is your plan:

NUMBER TWO: DECREASING YOUR RISK OF AN AFIB-RELATED STROKE (STROKE PREVENTION).

For STROKE PREVENTION, here is your plan:

NUMBER THREE: KNOWING WHAT TO DO IF YOU GET ANOTHER AFIB EPISODE.

For MANAGING AN AFIB EPISODE, here is your plan: AFIB is hardly ever dangerous and the majority of episodes settle down on their own. Rest and ensure that you have taken your medicines. Seek urgent medical care if you have severe chest pain, have a fainting spell or feel very short of breath even when sitting still. Otherwise call us at _____

NEXT STEPS:

HEART TESTS that we have ordered for you: _____

These tests will occur in the CARDIOLOGY department

You will be contacted with an appointment date. Here is their contact: _____

OTHER TESTS: _____ FOLLOW UP VISIT: _____

We are happy to answer any questions you may have. Please contact us at

TEAM:

_____ _____
 _____ _____
 _____ _____

